



**ADVANCED GASTROINTESTINAL SPECIALISTS, P.C.**

*Leading the way in experienced, compassionate & results-driven care.*

**PREPARING FOR YOUR UPPER ENDOSCOPY (EGD)**

- 1) Nothing to eat or drink from 12:00 midnight the night before your procedure.  
Not even gum or mints.
- 2) The morning of your procedure take all your heart and blood pressure medicine with a small amount of water.
- 3) If you are diabetic, please do not take any of your diabetes medicine until after you are able to eat.

- 4) If you currently take: (only those checked)

**Stop taking them 5 days prior to your procedure**

\_\_\_ Aspirin

\_\_\_ Plavix

\_\_\_ Coumadin

\_\_\_ Vitamin E

Date: \_\_\_\_\_ Time: \_\_\_\_\_ AM/PM Place: \_\_\_\_\_

***YOU MUST HAVE SOMEONE DRIVE YOU HOME –  
IF NOT YOUR PROCEDURE WILL BE CANCELLED***