

SUPREP BOWEL PREP

PREPARING FOR YOUR COLONOSCOPY

1. On _____ the day before your procedure, drink clear liquids only for breakfast, lunch and dinner
2. Between **5 & 6 pm** the evening before your procedure, take one (1) of the Suprep Bottles and pour solution into the mixing container. Then add cool water to the 16oz line on the container and mix. Drink all the liquid in the container. You must drink an additional 32oz of clear fluids over the next hour.

IF YOUR COLONOSCOPY IS SCHEDULED IN THE MORNING BEFORE 12:00PM

At **Midnight (12:00am)** the **evening before the procedure** repeat step 2 above. **PLEASE REMEMBER AFTER THE LAST DOSE, NOTHING TO EAT OR DRINK, NOT EVEN GUM OR MINTS.**

IF YOUR COLONOSCOPY IS SCHEDULED IN THE AFTERNOON AFTER 12:00PM

At **6:00AM** the **morning of your procedure** repeat step 2 above. **PLEASE REMEMBER AFTER 7AM NOTHING TO EAT OR DRINK, NOT EVEN GUM OR MINTS.**

***** IF YOU ARE DIABETIC TAKE NO ORAL DRUGS THE DAY BEFORE AND THE MORNING OF YOUR TEST. IF YOU TAKE INSULIN TAKE ½ DOSE INSULIN THE DAY BEFORE THE TEST AND NONE THE DAY OF TEST**

***** Be sure to fill your prescription for Suprep Bowel Prep Kit at least 5 days before your procedure.**

Date: _____ Time: _____ Place: _____

YOU MUST HAVE SOMEONE DRIVE YOU HOME

***** THE MORNING OF YOUR PROCEDURE TAKE ALL HEART AND BLOOD PRESSURE MEDICINE WITH A SMALL AMOUNT OF WATER**