

**MOVIPREP**

**PREPARING FOR YOUR COLONOSCOPY**

- 1) On \_\_\_\_\_ the day before your procedure, drink clear liquids only for breakfast, lunch and dinner.
- 2) The day before your procedure mix the MoviPrep solution in the morning by emptying 1 pouch A and 1 pouch B into the disposable container. Add room temperature **lime green Gatorade** to the fill line of the container. Shake well and **refrigerate** until ready to use.
- 3) At **6PM** the evening before the procedure shake the MoviPrep solution and drink 8oz (as marked on the container) rapidly every 15 minutes until the solution is gone. Once completed mix the second container of MoviPrep and refrigerate until ready to use.
- 4) Drink an additional 16oz of additional clear liquids before completing the next step.

**IF YOUR COLONOSCOPY IS SCHEDULED IN THE MORNING BEFORE 12PM:**

Between **8 PM & 9 PM** the **evening before the procedure** repeat step 3 above. **PLEASE REMEMBER AFTER MIDNIGHT NOTHING TO EAT OR DRINK NOT EVEN GUM OR MINTS**

**IF YOUR COLONOSCOPY IS SCHEDULED IN THE AFTERNOON AFTER 12PM:**

At **5AM** the **morning of your procedure** repeat step 3 above. **PLEASE REMEMBER AFTER 7AM NOTHING TO EAT OR DRINK NOT EVEN GUM OR MINTS**

**\*\*\* IF YOU ARE DIABETIC TAKE NO ORAL DRUGS THE DAY BEFORE AND THE MORNING OF YOUR TEST. IF YOU TAKE INSULIN TAKE ½ DOSE INSULIN THE DAY BEFORE THE TEST AND NONE THE DAY OF THE TEST.**

**\*\*\* BE SURE TO FILL YOUR PRESCRIPTION FOR MOVIPREP ATLEAST 5 DAYS BEFORE YOUR PROCEDURE**

DATE: \_\_\_\_\_ TIME: \_\_\_\_\_ PLACE: \_\_\_\_\_

**YOU MUST HAVE SOMEONE DRIVE YOU HOME**

**\*\*\* THE MORNING OF YOUR PROCEDURE TAKE ALL HEART AND BLOOD PRESSURE MEDICINE WITH A SMALL AMOUNT OF WATER**

